THE HEALTHY LEADER



- The "Growing" Leader (Increases your capacity to receive more and more.)
- The "Teachable" Leader (Allows humility to lessen stress in your life.)
- The "Forgiving" Leader (Protects you from a toxic disposition.)
- The "Deferring" Leader (Lives to make "His" name famous and not your own.)

THE "GROWING" (HEALTHY) LEADER - PART I

<u>Question</u>: Why is it imperative that leaders (always) be growing? Because:

Answer: 1. Whoever you want people to be – you must become first yourself!

- 2. When we cease to grow we put a <u>ceiling</u> on our leadership influence!
- 3. Growth takes place (only) when we are willing to change!

And Never Forget This:

- Truth brings <u>conviction</u> necessary for change and:
- If we don't change we don't grow!

(Jesus said so in Mark 4:24-32)

I love the phrase Jesus used in Mark 4:33: "With many similar parables Jesus spoke the Word to them, as much as they could understand."

<u>Question</u>: How much of God's revelation did Jesus share? <u>Answer</u>: "As much as they could understand."

(In Other Words)

- Jesus could have given the listeners a whole lot more.
- He could have led them deeper, richer, fuller and wiser.

<u>Question</u>: So why did Jesus limit His parables? <u>Answer</u>: Because you cannot fill a cup fuller than its capacity!

<u>Question</u>: What's this have to do with you and me? <u>Answer</u>: It provokes us to think about our own spiritual growth!

- Do we limit Jesus because we refuse to enlarge our capacity?
- Do we shut off learning because we've already come so far?
- Do we feel we've expanded enough in comparison to where we used to be?

Question: What's the good news?

Answer: The good news is our capacity can expand!

• We all can grow more, receive more, learn more!

(In Other Words)

 Our capacity can increase to love, grow, serve, expand, pray, study, forgive and be a healthier leader continually!

Notice in Mark Chapter 4:

Jesus said; "Consider carefully what you hear."

(In Other Words)

• There is a relationship between how you **hear** and how you **grow**!

(In Other Words)

- Our capacity to grow is not only in **God's hands**, it's in **our hands**.
- We can bring to God a <u>cup</u> capacity, a <u>glass</u> capacity, a <u>jar</u> capacity or a <u>barrel</u> capacity.

(In Other Words)

- The capacity to "hear" lies within us. (Or)
- We can bring whatever receptivity we want to the table!

(In Other Words)

• Whatever capacity we offer to God; He will fill it up.

(In fact, V. 24 says)

"It will be measured to you – and even more."

(In other words, this means)

- 1. We determine the size of our capacity to grow (and)
- 2. What you do today determines what is given to you tomorrow!

(Jesus says here)

• If you choose to become stagnant – then more cannot be given to you.

(And also)

• You risk losing even what you have (V. 25) "Even what he has will be taken from him."

(In other words)

- There's never a time we can coast (and)
- There's never a time to stop growing.

Because...

• When we stop growing, we lose what we had, and we go in reverse!

Nuf Sed! Bill Kirk